

# ADLENT CALENDAR



Our AdLent Calendar Challenge: Can you give an item each day for the 40 days of Lent? Thank you for your help!

22 February Tinned fruit 01	UHT Milk 02	Squash 03	Long life sponge pudding 04
Jam 05	Biscuits 06	Soup 07	Tinned fish 08
Rice 09	Coffee (instant) 10	Tinned meat 11	Cereal 12
Tinned tomatoes 13	Pasta 14	Toilet roll 15	Tinned vegetables 16
Tea 17	Long life fruit juice 18	Deodorant 19	Cooking sauce 20
Chocolate bars 21	Crackers 22	Lentils 23	Shower gel 24
Instant mashed potato 25	Angel delight 26	Custard 27	Nappies 28
Crisps 29	Laundry detergent 30	Washing up liquid 31	Tinned meat pie 32
Toothpaste 33	Peanut butter 34	Porridge 35	Shampoo 36
Period products 37	Condiments 38	Cereal bars 39	6 April Tinned fruit 40

We are collecting at :

[rawmarsh.foodbank.org.uk](http://rawmarsh.foodbank.org.uk)  
[info@rawmarsh.foodbank.org.uk](mailto:info@rawmarsh.foodbank.org.uk)



Rawmarsh Foodbank is part of the Arc Church family. Arc Church is a registered charity: 1198629